

SEILER FAMILY GYM JANUARY SCHEDULE

GOLDMAN
SPORTS & WELLNESS
COMPLEX

	MONDAY 1/07		TUESDAY 1/08		WEDNESDAY 1/09		THURSDAY 1/10		FRIDAY 1/11		SATURDAY 1/12		SUNDAY 1/13	
Time	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
5:00 AM	Open Gym 5:00 AM- 4:00 PM	Open Gym 5:00 AM- 9:30 AM	Open Gym 5:00 AM- 9:00 AM	Open Gym 5:00 AM- 11:00 AM	Open Gym 5:00 AM- 9:30 AM	Open Gym 5:00 AM- 9:00 AM	Open Gym 5:00 AM- 3:00 PM	Open Gym 5:00 AM- 3:00 PM						
6:00 AM														
7:00 AM														
8:00 AM									Open Gym 7:00 AM- 9:30 AM	Open Gym 7:00 AM- 8:30 AM	Open Gym 7:00 AM- 1:00 PM	Open Gym 7:00 AM- 1:00 PM	Open Gym 7:00 AM- 8:30 AM	Basketball Skill Develop- ment 7:00 AM- 8:30 AM
9:00 AM			ECE 9:00 AM 11:30 AM							Zumba 8:30 AM- 9:25 AM			Adult Drop-In Basketball 8:30 AM- 10:30 AM	Adult Drop-In Basketball 8:30 AM- 10:30 AM
10:00 AM		Zumba 9:30 AM- 10:30 AM			Bootcamp 9:30 AM- 10:30 AM				Bootcamp 9:30 AM- 10:30 AM	Zumba 9:45 AM- 10:40 AM				
11:00 AM		Open Gym 10:30 AM- 4:00 PM			Open Gym 10:30 AM- 2:15 PM				Meira 10:30 AM- 11:30 AM	Open Gym 10:40 AM- 9:00 PM			Open Gym 10:30 AM- 12:30 PM	Open Gym 10:30 AM- 12:00 PM
12:00 PM			Open Gym 11:30 AM 3:00 PM						Open Gym 11:30 AM- 6:00 PM					Dodgeball 12:00 PM- 1:00 PM
1:00 PM				Meira 11:00 AM- 12:00 PM									T1S Practice 12:30 PM- 1:45 PM	
2:00 PM				Open Gym 12:00 PM- 3:00 PM										Open Gym 1:00 PM- 7:00 PM
3:00 PM					KHS Alumni Basketball Game 2:15 PM- 5:00 PM	KHS Alumni Basketball Game 2:15 PM- 5:00 PM								
4:00 PM			KHS Basketball Game 3:00 PM- 6:00 PM	KHS Basketball Game 3:00 PM- 6:00 PM			KHS Basketball Game 3:00 PM- 7:00 PM	KHS Basketball Game 4:00 PM- 7:00 PM			Open Gym 3:00 PM- 8:00 PM	Open Gym 3:00 PM- 8:00 PM		
5:00 PM	KHS Basketball Practice 4:00 PM- 5:30 PM	KHS Basketball Practice 4:00 PM- 5:30 PM												
6:00 PM	Open Gym 5:30 PM- 6:30 PM	Open Gym 5:30 PM- 6:30 PM			Open Gym 5:00 PM- 7:00 PM	Open Gym 5:00 PM- 7:00 PM							Gym Programmi ng 5:00PM- 7:00PM	
7:00 PM	Men's B League Basketball 6:30 PM- 10:30 PM	Men's B League Basketball 6:30 PM- 10:30 PM	Open Gym 6:00 PM- 10:30 PM	Open Gym 6:00 PM- 10:30 PM			Open Gym 7:00 PM- 8:00 PM	Open Gym 7:00 PM- 8:00 PM						Catchball 7:00 PM- 8:00 PM
8:00 PM					Adult Drop-In Basketball 7:00 PM- 10:30 PM	Adult Drop- In Basketball 7:00 PM- 10:30 PM								
9:00 PM							Israeli Folk Dance 8:00 PM- 12:00 PM	Israeli Folk Dance 8:00 PM- 12:00 PM	Open Gym 8:00PM- 9:00PM					
10:00 PM	Gym Closes at 10:30 PM		Gym Closes at 10:30 PM		Gym Closes at 10:30 PM		Gym Closes at 10:30 PM		Gym Closes at 9:00 PM		Gym Closes at 8:00 PM		Gym Closes at 8:00 PM	

